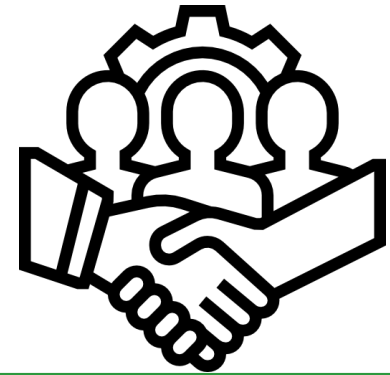
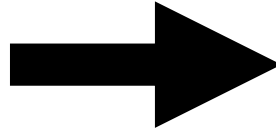




# RETURN to PLAY



## Team Manager Edition

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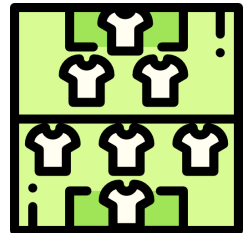
### Reception



- Ensure staggered arrival & exits and social distancing measures are upheld
- Complete the contact-tracing log and submit to the Club within 24 hours of session completion (*this also should be cross-reference to Team Snap*)
- Ask the appropriate screening questions prior to a player entering- any symptoms, send home & report to Club
- Ensure all players entering the field disinfect their hands

- During Phase 2, managers serve an expanded role, outside the lines
- Monitor and enforce all social distance & safety protocols, as outlined by Peel Region Health, on the sidelines
- Mandate 1 parent per child- this is to mitigate risk (remind parents)
- Maintain a 'flow' at entry

### Game Time!



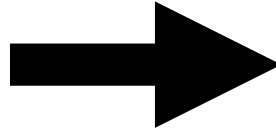
### Health & Safety Requirements



- Managers are responsible to maintain a bag of first aid and PPE
- Ensure equipment bag is disinfected and maintained in the appropriate area
- Make sure players equipment is socially distanced and during breaks all protocols are still followed
- Before each session it is mandatory that you confirm each coach, player and yourself have completed the mandatory [Ontario Covid-19 Assessment](#)
- *Right to Refusal*- anyone who has not completed the mandatory 'Self Assessment' or shows signs or symptoms of Covid-19



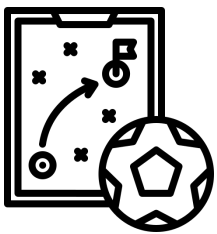
# RETURN to PLAY



## Coach Edition

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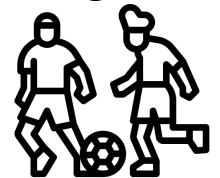
### Sessions



- During Phase 1- focus is on individual technical, physical, and cognitive abilities (individual ball work preferred; no heading/handling of ball)
- All Arrivals & Departures from sessions are to be staggered
- Time manage effectively & utilize virtual/online tools for session discussions
- Work with EMSC Technical Team on Session Planning & attend virtual workshop

- Position Players in designated space & maintain same players within same grouping for week training sessions
- Ensure players are always mindful of social distancing requirements- during sessions, water breaks
- Monitor, enforce and educate players on arrival & departure guidelines

### Player Management



### Health & Safety Requirements



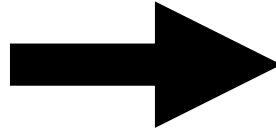
- All teams will be receiving PPE (face masks, gloves, disinfectant, sanitizer)
- All Coaches to complete [Ontario Covid-19 Self-Assessment](#) prior to each session – no exceptions
- Coaches will move all discussions virtually/online to mitigate risks
- Coaches are required to sanitize ALL equipment handled during a session (before, during & after a session) *\*no shared equipment\**
- Social Distancing measures must be implemented (4m<sup>2</sup> per player)
- Bring your own equipment/water bottle/clearly marked and kept separate from players



# RETURN

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# PLAY



## Player Edition

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### Personal Equipment



- All players are to bring their own labeled equipment in their own individual bag, placed into a socially distanced location, field side
- Each player should have their own water bottle, clearly labeled
- Players are to bring all kits and training shirts to sessions as pinnies will not be handed out

- Absolutely no sharing, no high-fives, handshakes, touching of any sorts- *social distancing is enforced at all times*
- Arrival & departure times will be staggered – plan to arrive 15 minutes before sessions and wait in car until called
- Wash hands prior to and following each session for a minimum of 20 seconds

### Reminders



### Health & Safety Requirements



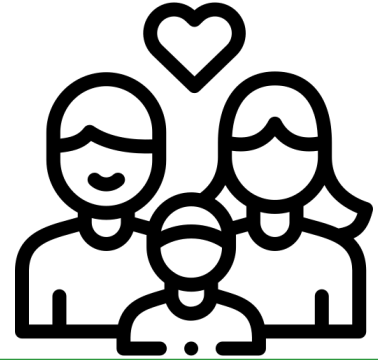
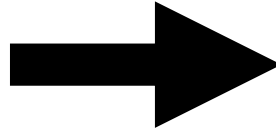
- All players/parents are to sign all waivers prior to being registered to participate – no waiver, no playing
- All equipment should be washed after each
- Cover mouth with crux of elbow should you have to sneeze
- Avoid touching your eyes, nose or mouth during training
- DO NOT touch the equipment used for the sessions. Only move the ball with your feet (no other part of your body), if asked
- ALL are required to complete the [Ontario COVID-19 Assessment](#) *before each session- no exceptions*
- If a player is showing symptoms during a session, they must immediately be isolated and sent home – *no exceptions*



# RETURN

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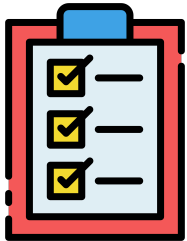
# PLAY



## Parent Edition

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### Checklist



- Complete NEW waivers on PowerUp Account- *no waivers, no playing*
- Ensure son/daughter has all items needed for sessions (equipment + water bottle)- all labeled
- Update TeamSnap Attendance Notes with “Drop Off: ‘x’, Pick Up: ‘y’” – no car pooling unless same household
- Complete Ontario [COVID-19 Self Assessment](#) for child before each session- *no exceptions*

- Staggered Arrival & Departures are enforced- plan for 15 minutes before & leave immediately following sessions
- No parents are to leave their car upon arrival (enforced until health & safety protocols are relaxed and club enters Phase 2 of OS RTP)
- Avoid congregating at field entry/exit points to limit bottle necking
- Parents are advised to wait in their cars during sessions (in case of emergency)

### On the Go



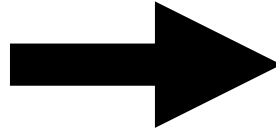
### Health & Safety Requirements



- Wash your hands with soap and water (minimum 20 seconds) or use a 70% alcohol-based hand sanitizer before heading to the field & After sessions
- Ensure all player’s equipment is washed separately from other household items and before and after every session
- Ensure child is healthy before every session and any changes should be reported to your coach & Club RTP Lead (Business Manager)
- If a player is showing symptoms during a session, they must immediately be isolated and sent home – *no exceptions*
- Supply your child with individual hand sanitizer



# RETURN to PLAY



What Does It Mean?

## Match Official Edition

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### Opening Whistle



- During Phase 1, Match Officials should be physically preparing for the demands to return to the pitch during Phase 2 (ie. Training)
- Match Official Fitness & Education Refresher courses to be held digitally by club to educate on changes to LOTG
- All sessions to be mindful of Municipality Phase & Requirements

- During Phase 2, Match Officials will be utilized to facilitate inter & intra-squad games (as permitted by Municipality)
- Middle to be utilized all times, assistant referee's to be utilized sparingly (as deemed by Club Head Ref) and field marshals to be implemented

### Return to Officiating



### Health & Safety Requirements



- All Match Officials to complete [Ontario Covid-19 Self-Assessment](#) prior to each game & sign club waiver to Referee in Phase 2 & 3- no exceptions
- All post-game discussions amongst match officials should be mindful of social distancing requirements
- Do not share equipment- bring own water bottle, pen, whistle, cards, & other items as needed
- Match officials **must** wash hands prior to each game and bring personal hand sanitizer
- Face masks/coverings are at the discretion of the match official & recommended for Associate Referees (when used)