Erin Mills Soccer Club Return to Play Strategy

*updated June 30th, 2021

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Disclaimer

All information included in the below protocols has been guided by the World Health Organization, the Ministry of Health Ontario, and Ontario Soccer (see Ontario Soccer Return to Play). New information about COVID-19 is being released frequently and the Erin Mills Soccer Club (EMSC) reserves that right to make any amendments to the below in order to preserve the health and safety of our members.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and even death. There is an increased risk for those outlined as more vulnerable (elderly, underlying health conditions). By participating in programming at EMSC, you voluntarily assume all risks related to exposure to COVID-19.

Groups Impacted

As a result of this global pandemic, countless groups have been impacted by the forced closure due to a declared State of Emergency as per the Premier of Ontario on March 23rd, 2020. These impacted groups, both directly and indirectly, are outlined below.

Directly Impacted

- Staff & Board- As the Erin Mills Soccer Club (EMSC) offices have been closed for the
 majority of the time since March 24th, 2020. The staff have been directly impacted
 through lost wages and opportunities within the workplace. The Board has been directly
 impacted as a result of the shifting focus this pandemic has had on operations and
 leveraging their experience.
- Coaches (both contract and hourly)- as a result of the shutdown of Soccer programs and related activities by our Governing Body of Sport (Ontario Soccer) on March 13th, 2020, our coaches have not been able to practice their skills and gain any financial compensation.
- 3. Players- as a result of the shutdown of Soccer program and related activities by our Governing Body of Sport (Ontario Soccer) on March 13th, our players have been unable to practice with their teams, participate in games and work on their skills in group/in person settings. Based on an individual's style of learning, even a pivot in the delivery of programs may not fulfill/satisfy needs. Potential lack of season based on the length of time this continues.
- 4. Referees- as a result of the mandated shutdown of Soccer programming on March 13th as outlined above, our referees have been unable to work in game-settings, resulting in lack of funds. Furthermore, our new referees & game leaders are unable to receive the education they may need in a format which encourages and fosters learning (based on their style of learning) during this time.

5. Club- as a result of the mandated stoppage in soccer activities on March 13th, 2020 and further closure of the facility on March 24th, EMSC has seen a heavy decline in revenues, resulting in a YoY decline of 99% per month this pandemic has occurred (April – June). Therefore, without reserves, support is needed to ensure we can determine an accurate and timely pay schedule.

Indirectly Impacted

- 1. *Parents* the closure of the facility and mandated stoppage in soccer activities indirectly impacts those parents whose children are not able to receive the programming for which they paid.
- 2. New players- those who have not registered in a program or would have for the first time who now have been unable to participate. The long-term effects are still unknown but will be felt.
- 3. Accounts Payable- due to the loss in revenue, new contracts/alternate payment methods will need to be determined on a move forward for the financial viability of the club. We hope that in the near future we will not be impacted by this pandemic.

Covid-19 (Pandemic) Task Force

Lead/Communication- Matthew Kassabian (General Manager)

E: sam.stewart@erinmillssoccer.com | P: 905-820-9740

Other Members (roles)-

Board President- Thierry Cecilia

E: president@erinmillssoccer.com

Technical Lead, CDP- Mohamed Metwally

E: mohamed.metwally@erinmillssoccer.com

Technical Director, Comp U14+- Alex Szczotka

E: technical@erinmillssoccer.com

Competitive Coordinator/Club Registrar- Roy Han

E: competitive@erinmillssoccer.com

Snapshot: Previous Program Adjustments & Pivots

2020 Winter Indoor Recreational Season (Adult & Youth)

With the mandated stop in programming on March 13th, 2020, our Indoor programs were then cancelled. This resulted in our youth programs (U3-U17) missing three (3) games within their season. On our Adult Rec League, due to a later start to the program, this results in five (5) weeks being missed.

Our Youth program was provided with credits on their accounts to be utilized towards an alternate season. These ranged from \$30 – 40, dependent on cost of the program. Our Adult program saw credits issued for the individual players and team credits placed on the captain accounts. The team credits should be refunded, as some of these players may not return.

2020 Outdoor Youth Recreational Program

With the release of the Ontario Soccer Return to Play Protocol (<u>linked here</u>), EMSC came to the swift and harsh realization that the Outdoor 2020 Recreational Season would not be able to continue. Therefore, the club has developed 5 strategies for these participants (133 who have paid) to utilize their registration fees:

- 1. Transfer Registration Fees into Eagles High Performance Program (EHPP)
- 2. Transfer Registration Fees into Eagles Soccer School Skills Program

New program that moves our CT to a charge program focusing on individual skills and getting players at varying levels of skill comfortable with the ball at their feet. Good introduction to the game of soccer, or simply to make the recreational player more confident during their games. Program allows us to leverage volunteer coaches who will get experience working with our Technical team to run the sessions.

- 3. Transfer Registration Fees into Active Start Video Training Program
 Program was developed with Nothers, TFC and Tim Hortons as a way to virtually deliver a program to our younger members (u3-6). Focus of the program is on physical literacy and basic ball skills.
- 4. Carry Forward Registration Fee to an Alternate Season
 Once seasons are developed, members are welcome to carry forward here. When analyzing the numbers, 60% of our members register for another program within one-year of their initial registration.
 - 5. Donate Registration Fee (all or portion) to the Club
 - 6. Refund Registration Fee

2020 Outdoor Adult Recreational Program

Due to the release of Ontario Soccer's Return to Play (RTP) Protocol, we will be cancelling the upcoming season as games are not allowed until the final phase (phase 3) of the program. Same options as outlined to our Youth Recreational participants applies. At present, there are far less registrants in this program.

2020 CDP & Competitive Programs

With the mandated stoppage of programming as per Ontario Soccer in mid-March, we have had to pivot our instruction to an online platform- zoom. Through this, we have offered the following programming to our members:

- 1. Fitness sessions (facilitated by a CDP coach & Competitive Edge)
- 2. Ball Mastery Sessions (facilitated by EMSC Tech Staff)
- 3. Empowerment Speaker Series
- 4. Flexibility & Mobility Sessions (facilitated by Competitive Edge)
- 5. Physical Literacy Sessions (Facilitated by a CT Coach)

As per our Town Hall with Coaches, our team has also been providing their individual players the opportunity to connect multiple times a week (whether it be ball mastery, discussions, tactical sessions).

Our coaches have also been provided with the link to the RTP document by OS and advised to work towards self-education in advance of a potential meeting with each group impacted to ensure education and awareness of the new protocols is at the forefront of training.

Referee Programming/Courses

Prior to the mandated stoppage, the club had two courses schedules for referee education-Small Sided and Entry Level- these courses were scheduled for late April/beginning of May. These courses, as a result, were pivoted online, allowing the registrants the opportunity to learn at their own pace and determine if this learning method suited their style.

The RTP document has adjusted our Referee & Game Leader Training for the summer season as Ref's & Game Leaders will not be included in the process until Phase two, to assist with the management of the inter/intra-squad games (once allowed).

Lead-up to Step 1 - A Return to Training

During the pre-pandemic phase, it is important that we, as a club, determine the following:

- 1. What groups are impacted?
- 2. What impact does this have on each group and what are their needs?
- 3. What do they have to complete and what are their adjusted roles now?
- 4. How do we effectively and efficiently educate them and make them aware of the aforementioned roles and changes?

In the below breakdown, all of the above questions will be answered and any and all adjustments will be included in an appendix for further clarification. Each area will outline each grouping and how we plan on answering those questions and break each group down with respect to the phases as outlined by Ontario Soccer RTP. The groups being impacted can be outlined as follows (in no particular order): Club/Staff/Board; Coaches Managers; Players; Parents; Referees.

As a reminder, the phases of the Return to Play (RTP) from Ontario Soccer (OS) have been adjusted as of June 8th, 2021 to reflect the Government of Ontario's new Three-Step Reopening plan. From June 14th - June 30th, we were operating as a club within the confines of Return to Play - Step 1.

As of June 30th, 2021, Club are now able to move into Step 2 of the Return to Play and the breakdown is as follows:

Entering Step 2 - A Return to Team Training and Games



Note: Steps 2 and 3 are tentatively scheduled to start 21 days apart and subject to Government of Ontario assessment and approval. Ontario Soccer will advise membership confirmation of Steps through updated Information Bulletins that will include updates to this Return to Play Guide.

^{*}image from OS RTP, p.6

Updated Return to Play – Reference Guide (Steps) - Overview

	Step 2	Step 3
Completion of Canada Soccer's Return to Soccer Risk Assessment Tool	YES	YES
Organization's own RTP Guide/Plan in alignment to Ontario Soccer's RTP Guide (Clubs/Academies/Leagues)	YES	YES
Safety Field Marshal	RECOMMENDED	TBD
Physical Distancing for Participants	NO	TBD
Equipment disinfecting after each game/practice	YES	TBD
Use of Change rooms	NO	TBD
Indoor Activities Permitted	DAY CAMPS	YES
Outdoor Activities Permitted	YES	YES
League Games or Scrimmages	YES	YES
Travel to other Districts or Regions	YES	YES
Trials/Tryouts/Open Evaluations/Camps	YES	YES

Maximum number of Participants (Players, Coaches, Match Officials)	NO RESTRICTIONS	OUTDOOR: NO RESTRICTIONS INDOOR:TBD
Maximum number of Spectators	25% OF FACILITY CAPACITY	TBD
Masks	FIELD: NO BENCH: NO	TBD
Physical Distancing (2m)	ON FIELD: NO ON BENCH: NO Spectators: YES	TBD
Contact Tracing	YES	TBD

^{*}Persons under the age of 18 years who are engaged in activities in the facility may be accompanied by one parent or guardian.

Club/Staff/Board

As outlined above, these three groups have been directly impacted by the result of the pandemic and its operational implications on the Erin Mills Soccer Club. During the pre-pandemic phase, the club has had to pivot and determine the best way to move forward prior to the release of the RTP. During the time prior, the club has reduced employment to conserve funds and has taken advantage of the Government offerings in place: CEWS, CEBA, Rent Relief.

In preparation for the releases of the various RTP Plans (and amendments) from OS, the club has held Town Halls to cover off some of the more pressing topics and questions as outlined by our coaches and members. These meetings resulted in the dissemination of information to our coaches and for this information to flow from the top-down to our membership base.

Throughout this time, it is the role of the club to complete the following:

- 1. *Inform* provide our membership base with the information we have in a timely and easily understood fashion.
- 2. Educate- outline the necessary steps that need to be taken by each group, so they are effectively able to do their jobs in this new 'normal' following the pandemic. Education is done through dissemination of information in ways members are able to understand and hosting open forum town halls to discuss the implications and how-to best follow.
- 3. Prepare- prepare the documents, prepare the PPE and prepare our stakeholders for the new normal and what this means for them and the club.

At the time this version is being drafted, the next series of Town Hall meetings are scheduled for June 12th, 2021.

Clubs Focus: What does Return to Play mean? - Moving from Step 1 into Step 2

On June 8th, 2021 the Governing Body of Sport, Ontario Soccer released a revised Return to Play document. This document's sole purpose is to ensure the safe return to sport for our membership. During this easing of restrictions, it is important to note that the simple release of the 'Return to Play' (RTP) is not the sole decision in the Club's return to play. Throughout this time, the club must continue to comply with the following:

- Municipality release of fields and restrictions
- Ontario Government's mandate of Phased Return, with a Regional Centric focus
- Canada's Soccer's Risk Assessment Tool

The phased approach therefore will seek to satisfy the requirements as set-out by the aforementioned groups. Therefore, while there will be quite a few adjustments to protocol, please bear in mind that these are meant to protect the players, our coaches, our staff and the public.

During Step 1, the club's focus was on individual- physical, technical, and cognitive components. Despite the lack of external competition or games, this allows for us to truly live our vision- to develop every person, the individual first, soccer player second, and lastly the club.

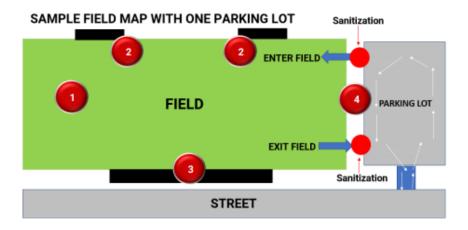
During Step 2, the club's focus will build off of individual- physical, technical and cognitive components and into team training league games.

The EMSC clubhouse will remain open, while still following health and safety measures, summer customer service office hours in place. Staff working will also be required to clean their workstation with a DIN approved sanitization product and are welcome to wear a mask (PPE) which will be supplied by the club should they not have one.

As the club continues to progress and comply with the guidelines as set-out by the City of Mississauga, the Region of Peel and Peel Public Health Unit, and Ontario Soccer, further phases of the RTP will be released.

Step 2: Team Training and League Games

Zones and Restrictions



Zone 1: Field of play

Zone 2: Bench and Technical Area

Zone 3: Spectator area

Zone 4: Ingress and Egress areas, Clubhouse, etc.

Step 2: Team Training and League Games

Date: June 30, 2021: 12:01 am

Conditions: Now met, reopening to begin

Restrictions: None

- League, exhibition, festival and tournament games permitted. Spectator capacity limited to 25% of the facility capacity.
- Soccer organizations must have completed 'Canada Soccer's Return to Soccer Assessment Tool'.
- All participants must be registered in OSCAR, Ontario Soccer's official participant registry.
- Ensure the organization's own Return to Play Guide (Safety Plan) is aligned with Ontario Soccer's Return to Play Guide prior to resuming activity.
- Ensure you have registered contact tracing in place for any activity with all records held for 30 days.

ZONE 1 - Field of Play

No restrictions.

ZONE 2 - Bench and Technical Area

No restrictions.

ZONE 3 - Spectator Area

 The number of spectators is limited to 25% of the facility capacity and must allow for the maintenance of physical distancing of two (2) meters.

ZONE 4 - Ingress and Egress Areas, Club house etc.

- Physical Distancing of two (2) meters required as participants enter and leave the field.
- Locker rooms, change rooms, showers and clubhouses must be closed, except to the extent
 they provide access to equipment storage, a washroom or a portion of the facility that is
 used to provide first aid.
- · All playing and/or training equipment must be cleaned and disinfected between each use

Step 3: Continuation of Team Training and League Games

Date: 21 days before next step (TBA by Government of Ontario)

Conditions: 80% adults with one-dose of the vaccine and 25% fully vaccinated allows for: Indoor

Sport and Recreational Facilities to re-open.

Restrictions: Subject to further information from the Government of Ontario.

Note: Step 3 is tentatively scheduled to start 21 days after the province enters Step 2 and is subject to Government of Ontario assessment and approval. Ontario Soccer will advise membership confirmation of Steps through updated information Bulletins that will include updates to this Return to Play Guide.

^{*} from OS RTP, Pages 6-9.*

Officials and Managers/Field Marshals will have an expanded role and requirements to ensure all standards are upheld. This is all very similar to what has been done throughout the pandemic when we have been able to perform soccer activities.

Coaches

While entering Step 2 in Training, it is important our coaches recognize the steps that have been put into place to protect both themselves and the players (Appendix Coach Infographic). As outlined below, the Coaches are expected the follow and adhere to the following guidelines:

- 1. Training Content Can use Step 1 content but there are no restrictions in Step 2.
- Field Space Allocation- Mainint physical distancing is recommended but not mandatory for players. No intentional contact between participants is permitted during this stage. Games or scrimmages are permitted. (Soccer is a non-contact sport meaning sustained contact is not part of the sport but it is understood that there may be incidental/accidental contact between players)
- 3. at all times, the player: area ratio as set out by the municipality and Region is to be upheld. During Step 2, there are no set ratios.
- 4. Team & Training Equipment- with each session (before, during & after) no player shall touch or move the equipment. The equipment is the responsibility of the coaches. Coaches are required to sanitize the equipment before and after each session with a Health Canada approved (<u>DIN numbered</u>) sanitizer or by following sanitization methods as outlined in Appendix Equipment Sanitization.
 - a. Electronic Equipment- under no circumstances should a coach or player be sharing their electronics (phones or other). Should a player get injured and a call to the parent/guardian is required, the coach must make the call and engage in conversation with the parent. Upon completion of the session, the electronics must be sanitized and cleaned (Appendix Electronic Sanitization).
- 5. Athlete Management- All coaches are expected to enforce all protocol as set by the club, the Region of Peel and Ontario Soccer. Therefore, it is mandatory that social distancing measures are enforced, staggered departure to water/sanitization breaks is implemented and this is communicated regularly to our players.
- 6. Personal Protective Equipment (PPE)- All coaches will be provided with a PPE kit from the Club. This kit will include:
 - a. 3-ply Face Masks (10)
 - b. 2 x 8oz Hand Sanitizer (70% alcohol)**
 - c. Disinfectant Spray

During this time, it is recommended that coaches utilize PPE to prevent the potential spread and mitigate risk. In addition, all coaches are required to sanitize frequently and wash-hands prior to attending all sessions for a minimum of 20 second with soap and water (Appendix Hand Washing Protocols). Should a player get hurt, you are unable to tend to the player injured unless you are fully equipped with PPE (no exceptions).

^{**}this is the only item that the club is happy to provide you with a refill on (twice)**

- 7. Team Discussions- to uphold all social distancing protocol, all discussions are to be held virtually/online. Coaches are to mandate leaving the field as quickly as possible, using the designated exit points and facilitate any and all learnings/discussions, online. It
- 8. Time management- all team officials are to be mindful of time and allot for water/sanitization breaks, staggered arrival and departure times, and social distancing. All of these items will have an impact on time. Furthermore, it is imperative that the team leave promptly after the session to be cognizant of the buffer between sessions. (do not leave equipment behind).

Managers

During this time, it is imperative to the successful implementation that team managers / parent volunteers, step in to assist our coaches and match officials during the different phases, in different capacities. Outlined below will be the guidelines and expectations of team managers during this time and transition (broken down by phase) (Appendix Team Manager Infographic)

Step 2- Manager/Parent Volunteer Role & Expectations

While coaches work to engage the players in the new, individually focused, socially distanced sessions, it is important the managers are able to assist them by becoming a 'reception manager':

- Ensure the staggered arrival and remind those of the strategic entry and exit points should they forget
- Ask the appropriate screening questions to both the players and parents (in a socially distanced fashion)
- Put the hand-sanitizer from the PPE Team Kits on the players hands upon arrival (should they not have their own) and ensure they are sanitized before entering the pitch (no sanitization, not session)
- Complete the contact tracing-log (Appendix Contact Tracing Log) and to submit the tracing log to the club within 24 hours of session completion (email to <u>info@erinmillssoccer.com</u>)
- Ensure participants at a higher risk of contracting COVID-19 disease, stay away from the field
- Should anyone show symptoms of COVID-19 (Appendix Symptom List) to immediately send them home- **no exceptions**
- Mandate that parents remain in the parking lot, away from the entry/exit points and training areas (it is important to note for the players U8-U13, players remain accessible should their son/daughter become injured)

Should a Manager/Parent Volunteer be unable to be a 'field marshal', the field marshal will then be appointed by the COVID-19 Task Force Lead. The purpose of the field marshal is to ensure all social distancing measures and Peel Region Health guidelines are upheld during matches.

^{*}Please note, this is subject to change pending Government Updates*

Players

As the players return to the pitch, it is important to take every precaution to help keep them safe. Players can enjoy the many physical, social and psychological benefits that soccer provides, so long as social distancing guidelines are adhered to. Social distancing and additional requirements of our players are outlined here (Appendix Player Infographic).

Before YOU Play

- players must complete the Ontario COVID-19 Self-Assessment tool
- do not play if you are exhibiting any two or more of the symptoms of the coronavirus (Appendix Symptom List)
- do not carpool unless with an immediate family member
- ensure you understand the entry and exit points of the field where your session is taking place and remember you must stagger your arrivals

Preparing to Participate

- Wash your hands (Appendix Hand Washing/Sanitizing Protocols) prior to going to the field
- If able, carry an individual hand sanitizer, it is recommended that you do
- Come prepared to train (with all equipment)
- Bring a full water labeled with your name
- If you must sneeze or cough during the session, be sure to do so into the upper sleeve or a tissue
- Avoid touching teammates, fences, gates, benches, and anything that isn't yours

During Play

- No high fives or shaking hands. Avoid non-sport contact
- Avoid touching the equipment on the field (cones, balls) with your hands
- Stay on your area of the field
- Remain apart from other players when taking a break
- Should a ball from another session come into your area during play, send it back with a pass

After Play

- Leave the field immediately (through the identified exit point)
- Wash your hands thoroughly or use a hand-sanitizer after coming off the field
- No socializing after the activity
- Wash your equipment following every session (even if it was not used but only came into contact with used equipment)

These safety protocols are put in place to protect all participants in each session and to reduce the risk of potential contraction. These guidelines will be in effected during Step 2 (as released by Ontario Soccer) and can be reduced during Step 3.

Parents

As our players are eager for their return to the pitch, and we are eager to host them, it is important for their parents to assist them in understanding and implementing these guidelines (Appendix Parent Infographic).

During Step 2

- Ensure the waiver is completed on behalf of your child(ren) & all fees are up to date to complete the registration process (no waiver or registration- no playing)
- Parents should utilize the Ontario COVID-19 Self-Assessment App to ensure their child is cleared to play before each session
- Wash your hands (Appendix Hand Washing/Sanitizing Protocols) prior to going to the field
- Avoid congregating at the field entry/exit points to limit 'bottle necking'
- Remind players to arrive to sessions dressed and ready (with all equipment needed) as change rooms will not be available
- Ensure all equipment is washed and sanitized before and after each session (recommended it is washed separately from other items)
- Stay in the parking lot during sessions, if you can but spectators are allowed but must be distanced(this is of the utmost importance for our younger age groups)
- We recommend that only one parent per family at the sessions. Please respect social distancing guidelines, in Step 2)
- Ensure your child is healthy before each session. If symptoms are shown upon arrival or during a session, they will be sent home (no exceptions)
- Drop and Pickup player while maintaining rules and regulations surrounding drop and pickup (only your child or within the same household- no carpooling)
- Use TeamSnap to add Notes to the Availability tracker for each session re Drop off, Pick-up and completion of Assessment (see Appendix TeamSnap Attendance)
- Help your child better understand the protocols should they have any questions

Referees

Seemingly, Step 2 indicates the entrance of Match Officials as a group directly impacted. However, a Match Officials job begins well before that and begins in Step 1 and becomes heightened during Step 2, as outlined below (Appendix Match Official Infographic). During all phases, it is mandatory that Match Officials continue to maintain social distance protocols and implement all health & safety precautions as outlined in this document and by the Peel Region Health Unit. Prior to every session participated in (Step 1 individual match preparation or Step 2/3, officiating) match officials are required to complete the self-check, Ontario COVID-19 Self-Assessment.

Step 1

Begin individual fitness regimen to ensure match ready for Step 2/3

- Prior to all sessions, ensure you are completing the symptom check-list (individual sessions) and in a social distance complying group setting completing the Ontario COVID-19 Self-Assessments (Appendix Symptom List)
- Ensure you are educated and well versed in the changes to Laws of the Game (LOTG) (Appendix LOTG Changes)
- Ensure you are educated in all process adjustments (<u>Reference Ontario Soccer RTP Document</u>)

Step 2/3

- Match officials should be well-versed on the LOTG, Process & Safety Adjustments
- Should they return in Step 2, Match officials are only responsible for what takes place on the pitch, not outside of it
- Match Officials must continue to adhere to Peel Region Public Health and Ontario Soccer Protocols (ie. Social distancing, option face mask, where gloves to games, no sharing of equipment)
- Bring personal hand sanitizer to sessions to use before and after a match

2021 Summer Program Offerings

Upon review of the protocols for RTP from Ontario Soccer, EMSC continued to align with the City of Mississauga, Peel Public Health Unit and our Government Body of Sport to ensure our programs offered were safe and structured to create the best environment for our members.

Due to the phased return to play, this summer we were able to serve the following groups:

- 1. Competitive Members (8-19)
- 2. Youth Recreational Members
- 3. Adult Recreational Members

Competitive Members (8-19)

Our competitive members were able to safely return to the pitch for step 1 of the RTP on June 14th, 2021. At this time, our priority was to both ensure the safety of our players and that the participants are receiving as much pitch time as possible given the circumstances. This was achieved by:

- 3 sessions provided each week (potentially up to 4 if/when competition can resume)
- Field selection based on:
 - 11v11 pitch (allows for the greatest amount of social distancing)
 - fenced (to allow for parents to watch outside of the pitch and have an entrance/exit for players)
 - o lit (to allow for sessions without interruption in later summer months)

 Protocols in place including additional sanitization measures and training for our Managers

As we progressed through the summer months, we were able to progress into Step 2 of the RTP (Continued Team Training and League Games). This adjustment could occur by early July 2021, thereby allowing our members the opportunity to participate in games, begin contact activities in training, all the while upholding the health & safety protocols from the previous step.

Recreational Members

Returning in 2021 is our Outdoor Youth and Adult Recreational Leagues. These leagues are slated to commence in Step 2 which is targeted for July 2021. Also returning in 2021 is our Eagles Soccer School.

Youth Recreational League

- Every player receives a soccer ball
- New length of sessions following Ontario Soccer's Recreational Matrix
 - U3/U4 45 minute sessions; *Parent Required*
 - U5/U6 50 minute sessions; *Parent Required*
 - U7-U10 60 minute sessions
 - U11/U12 75 minute sessions
 - U13+ 90 minute sessions
- Eagles Cup End of Season Tournament
 - The Eagles Cup Tournament was so well received we are doing it again, but differently. This year, the Eagles Cup will be run in tournament fashion, two days, round-robin play plus *semi-finals* and finals. *End of season tournament/events TBD based on restrictions*
- Additional Information
 - 10-12 weeks in length
 - There will be no games on holiday weekends (July 1st, August 2nd, September 6th)

Adult Recreational League

Our league offers various levels of play, ranging from competitive to recreational for both Men and Women. Both genders will offer multiple divisions, one more competitive than the other.

- League aims to start play in early July *this is subject to change*
- Men & Women will play on Sunday's (women may incl. 3 Friday night games)
- 14 Game Season (playoffs incl.)
- Online Schedules & Standings
- Pods of 50 will be created due to Public Health Guidelines
- Format 9v9; Game duration 2x45 minutes
- No games will be scheduled on Holiday Weekends

- For information about the Recreational Rules of Play, please click here
- All Covid-19 Health & Safety Requirements will be followed (click here for information on protocols)

Eagles Soccer School

This program was created for the purpose of skill development for our members who wanted to individually focus on their skill and take their soccer abilities to new heights. The program was offered for those between the ages of 7-14, on Friday evenings for 55-minute sessions. Each session was technically focused, with the curriculum developed by our Technical team and delivered by both Technical staff and volunteers.

^{*}All recreational content and information is subject to change based on further developments from Ontario Soccer and the Government of Ontario*.

Appendix

Office COVID-19 Protocols



EMSC COVID-19 Protocols

Disclaimer

All information included in the below protocols has been guided by the World Health Organization and the Ministry of Health Ontario. New information about COVID-19 is being released frequently and EMSC reserves that right to make any amendments to the below in order to preserve the safety of our members.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and even death. There is an increased risk for those outlined as more vulnerable (elderly, underlying health conditions). By visiting EMSC, you voluntarily assume all risks related to exposure to COVID-19.

Protocols

In order to protect our Employees and Guests, and to ensure a safe work environment, anyone entering EMSC premises is required follow our screening process before gaining access.

Before entering all Employees or Guests must do the following.

- Have your temperature taken. NOTE: IF YOU HAVE A FEVER, YOU WILL BE REFUSED ENTRY (Temperature Gage does not make direct contact on employee's skin)
- Fill out the COVID-19 screening daily questionnaire. (all employees are required to fill this out every day).
- 3. PPE is available to all EMSC staff and additional hand sanitizer stations have been placed throughout the facility. It is encouraged for Guests to wear a mask while on premise.
- All EMSC Staff and Guests must sanitize their hands at the first available handsanitization station upon entering the door (staff entry or main).

As part of our daily procedures, we have limited anyone coming into our premises. Unless absolutely necessary, guests are currently not allowed at EMSC.

All guests must knock on the door to gain entry, then follow our COVID-19 procedure.

Door handles, light switches, bathrooms, lunchrooms or common areas are wiped down and disinfected on a regular basis (every 2 -4 hours, or more frequently if needed in higher traffic areas.

No deliveries or delivery people are welcome into the building. They must remain outside, deliver the product and leave.

Page 1 of 2

All employees, work at a safe distance away from each other and respect social distancing requirements while working or on lunch break (minimum of 2m).

All office desks, phones, computers, keyboards, etc. are wiped down with sanitizer daily, prior to starting shift and prior to leaving for the day.

Hand Sanitizer is available throughout the building. Additional signs have been posted throughout the premises reminding employees and guests to wash their hands regularly and keep a safe distance.

EMSC Office COVID Screening



EMSC COVID-19 Screening

Disclaimer:

This list was created in consultation with HR professionals and through guidelines set forth by the Minister of Health Ontario and the World Health Organization. We recognize that this list may not be exhaustive as new research and information regarding COVID-19 is released daily. EMSC reserved the right to amend the below in order to preserve the safety of our members.

Protocol:

Daily visitor and employee check list to be completed before entering the premises (includes, but is not limited to: EMSC Staff, Coaches, Players, Parents, Visitors).

Staff is to complete this form and scan a copy of the form following completion and load to shared drive titled "EMSC Staff COVID Checks". The forms should be saved in the following format: Name, Date (ie. Samantha S, May 30, 2020).

Form is found on second page

EMSC COVID-19 Screening Name: Check one: Employee ______ Visitor ___ 1. Do you have a new fever (100.4 F or higher), or a sense of having a fever? No_____ 2. Do you have a new cough that you cannot attribute to another health condition? No__ 3. Do you have new shortness of breath that you cannot attribute to another health condition? 4. Do you have a new sore throat that you cannot attribute to another health condition? No_____ 5. Do you have any new muscle aches that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)? No 6. Have you had close contact with a confirmed or probable COVID-19 case? No 7. Have you travelled internationally within the last 14 days (outside Canada)? No_____ 8. Have you had close contact with a person with acute respiratory illness who has been outside Canada in the last 14 days? Yes_____ No_____ Please ensure that you are always following daily COVID-19 recommendations like washing your hands often, staying at home as much as possible, & practicing physical (social) distancing. You can visit the Government of Ontario website for a full list of recommendations. https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-

infection/prevention-risks.html#p

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EMSC COVID-19 - Match Official Waiver

Disclaimer

All information included in the below protocols has been guided by the World Health Organization, the Ministry of Health Ontario and Ontario Soccer's Return to Play Protocol. New information about COVID-19 is being released frequently and EMSC reserves that right to make any amendments to the below in order to preserve the safety of our members.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and even death. There is an increased risk for those outlined as more vulnerable (elderly, underlying health conditions). By agreeing to officiate a game (inter-squad, intra-squad, other), you voluntarily assume all risks related to exposure to COVID-19.

Protocol

In order to protect yourself and others, and to ensure a safe working environment, it is required that all Match Officials complete the following:

- 1. Attend the Education & Fitness Refresher Virtual Session held by our Head Referee.
- 2. Ensure you are fit to Officiate as to avoid any potential risks of injury
- 3. Complete the Ontario COVID-19 Self-Assessment prior to agreeing to take the game and before each game (no exceptions).
- 4. Follow All Guidelines put into place as it relates to health & safety (including, but not limited to): entering & exiting the field of play, sanitization pre-game, signing into the contact tracing log upon arrival, social distancing requirements, no sharing of equipment & cleaning of all equipment used post utilization with a Health Canada Approved disinfectant.
- 5. To promptly alert the Emergency Response Lead (Business Manager) & Club Head Referee should you come into contact or become symptomatic or ill with COVID-19. Should you show any symptoms, you agree to return all games committed to and promptly get assessed at the closest COVID-19 testing location. All results of said test are to be communicated to the club and you are not able to return to work until you test proves negative and cleared by a medical professional.

with COVID		you are aware of the inherent risk's associated it into place by the Erin Mills Soccer Club, try of Health.
Signature:	(individual, 13 and over)	e:
Signature:	Dat (Parent/Guardian if individual is under 1	

Coach Infographic (RTP)







Coach Edition

Return to Play (RTP), is a series of protocols developed by Ontario Soccer, in conjunction with Provincial Medical Professionals, and approved by Canada Soccer. These protocols are developed so our athletes & staff can safely return to the pitch, following the pandemic.

Sessions



- During Step 2- focus can move away from just individual technical, physical, and cognitive abilities and into more team-oriented training
- · Aim for Arrivals & Departures from sessions are to be staggered
- Time manage effectively & utilize virtual/online tools for session discussions
- Position Players in designated space & maintain same players within same grouping for week training sessions
- Ensure players are always mindful of social distancing requirementsduring sessions, water breaks
- · Monitor, enforce and educate players on arrival & departure guidelines

Player Management



Health & Safety Requiremer



- All teams will be receiving PPE (face masks, gloves, disinfectant, sanitizer)
- All Coaches to complete <u>Ontario Covid-19 Self-Assessment</u> prior to each session – no exceptions
- Coaches are required to sanitize ALL equipment handled during a session (before, during & after a session) *no shared equipment*
- Social Distancing measures must be implemented (4m² per player)
- Bring your own equipment/water bottle/clearly marked and kept separate from players

Cleaning of High Touch Surfaces (office)

How to clean and disinfect

- Wear disposable gloves to clean and disinfect.
- Clean surfaces using soap and water, then use disinfectant.
 - o Cleaning with soap and water reduces number of germs, dirt and impurities on the surface.
 - Disinfecting kills germs on surfaces.
- Practice routine cleaning of frequently touched surfaces.

More frequent cleaning and disinfection may be required based on level of use. Surfaces and objects in public places, such as shopping carts and point of sale keypads should be cleaned and disinfected before each use.

High touch surfaces include:

 Tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.

*information found here

Equipment Sanitization

Equipment includes, but is not limited to towels, clothes, bags, ball pumps, cones/markers, white boards, caps and any other items that have been utilized or touched during a planned session.

- All items utilized and touched during a session are to be cleaned with a Government of Canada Approved, DIN cleaning agent (click here to confirm)
- Should a cleaning agent not be available, a solution of 1 tsp (5ml) of bleach to 250ml of water can be used on hard surfaces (in a well-ventilated area) (tips found here)

Electronics Sanitization (Under no circumstances are electronics to be shared)

Electronics

For electronics such as cell phones, tablets, touch screens that could be used by Coaches;

- · Do not share electronics.
- Follow the manufacturer's instructions for all cleaning and disinfection products.
- When possible, consider the use of wipeable covers for electronics.
- If no manufacturer guidance is available and when possible, consider the use of alcohol based wipes or sprays containing at least 70% alcohol to disinfect touch screens
- · Dry surfaces thoroughly to avoid pooling of liquids.



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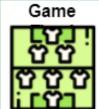
Team Manager Edition

Return to Play (RTP), is a series of protocols developed by Ontario Soccer, in conjunction with Provincial Medical Professionals, and approved by Canada Soccer. These protocols are developed so our athletes & staff can safely return to the pitch, following the pandemic.

Reception



- Ensure staggered arrival & exits and social distancing measures are upheld
- Complete the contact-tracing log and submit to the Club within 24 hours of session completion (cross-reference to Team Snap)
- Ask the appropriate screening questions prior to a player entering- any symptoms, send home & report to Club
- Ensure all players entering the field disinfect their hands
- During Step 2, managers serve an expanded role, outside the lines
- Monitor and enforce all social distance & safety protocols, as outlined by Peel Region Health, on the sidelines
- · Maintain a 'flow' at entry



Health & Safety Requirements



- · Managers are responsible to maintain a bag of first aid and PPE
- Ensure equipment bag is disinfected and maintained in the appropriate
- Make sure players equipment is socially distanced and during breaks all protocols are still followed
- Before each session it is mandatory that you confirm each coach, player and yourself have completed the mandatory <u>Ontario Covid-19 Assessment</u>
- Right to Refusal- anyone who has not completed the mandatory 'Self Assessment' or shows signs or symptoms of Covid-19

Contact Tracing Log

This log must be completed by every team, before every session on the pitch. Each person who is present at a session (manager, coach, player, parents) is to be added to this log by the Reception Manager to ensure accurate contact tracing can be conducted.

The information being collected on this log is to be sent to EMSC within 24 hours of each session being completed. This can be emailed to info@erinmillssoccer.com with the subject line reading: "B2003G Training July 15, 2020" (Sex-Gender-Team Colour Initial, Training, Date of Session). These will then be compiled and kept on file, in a password-encrypted location, for six (6) weeks as required. This information will be provided to Peel Public Health Units (Ontario Public Health) should it be required for contact tracing in the case of a potential positive.

Under Privacy Law rules and regulations, you have the right to access and correct any information we hold about you (should it be inaccurate). Under no circumstances will this information be shared outside of EMSC RTP Lead, members of the RTP team (as outlined) and Peel Public Health/Ontario Public Health Units.

Contact Tracing Log- EMSC

Team Name:

Date:

Time Out											
Time In											
Phone											
Email											
Full Name											
Date											

Symptom List

This list is to be used by all participants (Coaches, Players, Parents, Managers, Match Officials, Staff) prior to any and all sessions- no exception.

	Do you have any of the below sympton	ms?	
1	a. Fever (greater than 38.0 C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath / difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers "YES" to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.

^{**}A list of full symptoms and more information can be <u>found here</u>



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Personal Equipme



- All players are to bring their own labeled equipment in their own individual bag, placed into a socially distanced location, field side
- · Each player should have their own water bottle, clearly labeled
- Players are to bring all kits and training shirts to sessions as pinnies will not be handed out

Reminde

- Absolutely no sharing, no high-fives, handshakes, touching of any sortssocial distancing is enforced at all times
- Arrival & departure times will be staggered plan to arrive 15 minutes before sessions and wait in car until called
- Wash hands prior to and following each session for a minimum of 20

seconds

Health & Safety Requirement



- All players/parents are to sign all waivers prior to being registered to participate – no waiver, no playing
- · All equipment should be washed after each
- Cover mouth with crux of elbow should you have to sneeze
- · Avoid touching your eyes, nose or mouth during training
- Try to only move the ball with your feet (no other part of your body), if asked
- ALL are required to complete the <u>Ontario COVID-19 Assessment</u> before each session- no exceptions
- If a player is showing symptoms during a session, they must immediately be isolated and sent home – no exceptions

Hand Washing / Sanitizing Protocols





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Parent Edition

Return to Play (RTP), is a series of protocols developed by Ontario Soccer, in conjunction with Provincial Medical Professionals, and approved by Canada Soccer. These protocols are developed so our athletes & staff can safely return to the pitch, following the pandemic.

Checklist



- · Complete NEW waivers on PowerUp Account- no waivers, no playing
- Ensure son/daughter has all items needed for sessions (equipment + water bottle)- all labeled
- Update TeamSnap Attendance Notes with "Drop Off: 'x', Pick Up: 'y'" no car pooling unless same household
- Complete Ontario <u>COVID-19 Self Assessment</u> for child before each session- no exceptions
- Staggered Arrival & Departures are enforced- plan for 15 minutes before & leave immediately following sessions
- · Avoid congregating at field entry/exit points to limit bottlenecking
- Parents are advised to wait in their cars during sessions (in case of emergency). However, spectators are allowed but must maintain distancing

On the Go



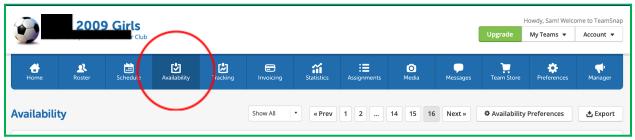
Health & Safety Requirements



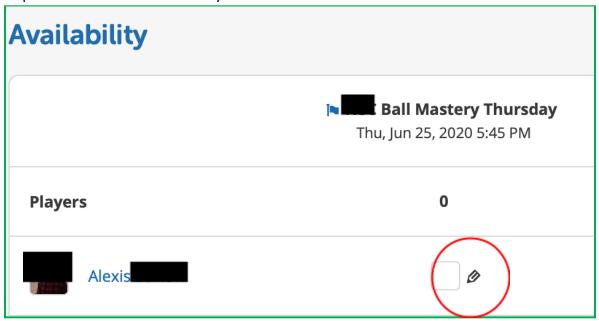
- Wash your hands with soap and water (minimum 20 seconds) or use a 70% alcohol-based hand sanitizer before heading to the field & After sessions
- Ensure all player's equipment is washed separately from other household items and before and after every session
- Ensure child is healthy before every session and any changes should be reported to your coach & Club RTP Lead (Business Manager)
- If a player is showing symptoms during a session, they must immediately be isolated and sent home – no exceptions
- · Supply your child with individual hand sanitizer

TeamSnap Attendance Notes

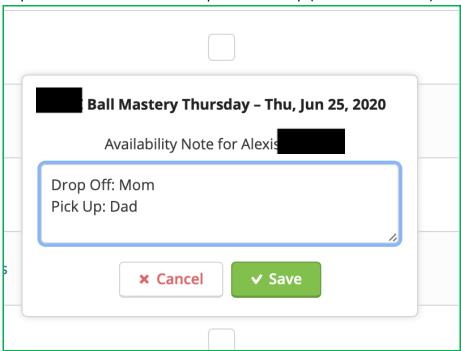
Step 1: Click on the Availability Tab and locate



Step 2: Select the 'Pencil' Beside your Child's Name to Add Notes to each Session



Step 3: Add in the Notes for Drop Off & Pick Up (as outlined below)





RETURN









Match Official Edition

Return to Play (RTP), is a series of protocols developed by Ontario Soccer, in conjunction with Provincial Medical Professionals, and approved by Canada Soccer. These protocols are developed so our athletes & staff can safely return to the pitch, following the pandemic.

Opening Whistle



- During Step 1, Match Officials should have been physically preparing for the demands to return to the pitch during Step 2 (ie. Training)
- Match Official Fitness & Education Refresher courses to be held digitally by club to educate on changes to LOTG
- · All sessions to be mindful of Municipality Phase & Requirements
- During Step 2, Match Officials will be utilized to facilitate games/competition
- Middle to be utilized all times, assistant referee's to be utilized sparingly (as deemed by Club Head Ref) and field marshals to be implemented

Return to Officiating



Health & Safety Requirement



- All Match Officials to complete <u>Ontario Covid-19 Self-Assessment prior</u> to each game & sign club waiver to Referee in Phase 2 & 3- no exceptions
- All post-game discussions amongst match officials should be mindful of social distancing requirements
- Do not share equipment- bring own water bottle, pen, whistle, cards, & other items as needed
- Match officials must wash hands prior to each game and bring personal hand sanitizer
- Face masks/coverings are at the discretion of the match official & recommended for Associate Referees (when used)

Laws of the Game (LOTG) Changes

Discipline Adjustments

- Automatic cautions for players involved in face-to-face interactions (not mass) (ie. Shoving, jostling & fighting for space)
- Automatic Red for serious physical altercations
- Automatic Dismissal for all involved in mass confrontations
- Automatic Dismissal for spitting (on or around field of play)

LOTG Changes

Heading of the ball (permitted)

Walls for Free Kicks- defenders must be 2m apart from each other (phase 2):

- 1. Verbal warning
- 2. Indirect free kick for opposing team

Throw-ins (permitted)

Corner Kicks (3 of each team +gk) in penalty area:

- 1. Verbal warning
- 2. Goal kick to the defending team

Drop Ball requirements removed= indirect free kick

• If in the penalty area (after hitting the ref), becomes a goal kick

No Coin Toss-home team automatically gets choice (side or ball)

No Goal Celebrations

- 1. Verbal warning
- 2. Caution to the goal scorer

Response Action Plan (RAP)

Response Action Plan (EAP) Lead: Matthew Kassabian, General Manager

RAP Lead Contact: (e) <u>matthew.kassabian@erinmillssoccer.com</u>

Overview

As a commitment to keep our membership safe, Erin Mills Soccer Club has developed a Response Action Plan in the case that a member of our organization tests positive for COVID-19 or comes into contact with someone who has tested positive. The Response Action Plan is used as the guiding principles to ensure the infected/potentially infected person(s) is removed and receives immediate care from health care professionals and the virus does not spread further.

For the purpose of this RAP, *members* can be defined as players, coaches, match officials, guardian/spectators, staff members, board members.

Activation of the plan is driven by the below scenarios and a member of the Club.

Scenario 1- Member comes into contact with a person who has tested positive for COVID-19 Scenario 2- Member elicits symptoms as outlined by the Self-Assessment tool of COVID-19 or has returned from travel within the last 14 days

Scenario 3- Member test's positive for COVID-19

Step 1- positive or potential positive cases	Step 1-	positive or	potential	positive cases
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In the event a member falls into any of the aforementioned scenarios or shows symptoms before, during, or after an activity, the RAP Lead (Club Business Manager) is to be contacted immediately and the person is advised to leave immediately if present or to not attend any club events.

Should a member elicit symptoms during a session, they are to be immediately removed from the session and self-isolated in a club designated area. Should the member be under the age of 18, a team official will contact the parent/legal guardian, advise them to immediately pick them up and take them home or to a health care facility (team official who called must follow protocol on electronics cleaning). The area in which the affected person was training, must be closed off and all equipment must be immediately disinfected. Any member who came into

	close contact with said symptomatic person during the session must be separated and sent home as well. These members must then follow Peel Public Health Guidelines as it relates to isolation.
	Those within scenario 1 or 2 are to mandatory self-isolate for 14 days (under section 22 of the Health & Promotions Act) and to head to a testing center as outlined by Peel Public Health Unit to complete COVID-19 testing.
	Those within scenario 3 (test positive) must comply with <u>Peel Public Health Unit Guideline</u> as outlined here and do not return to soccer activities until they have been asymptomatic for 14 days following the date of their last symptom and no longer have a fever and pass the Ontario COVID-19 Self-Assessment Tool.
	*Click here for information on self-isolating *Click here for Peel Public Health Test Center Locations
Step 2- communication & contact tracing	The RAP Lead must notify the Peel Public Health, club staff, team officials and members immediately of any case of COVID-19 while maintaining and upholding the privacy and confidentiality laws and regulations.
	Contact Tracing will then commence by referencing the 'contact tracing logs' that are to be kept by each team after each session. The communication plan (as outlined below) will then commence.
	Peel Public Health will contact all members who may have been exposed to a potential positive or a positive case and commence their protocol (ie. Isolation measures, etc).
Step 3- return to play	In the case of an individual testing positive for COVID-19 (scenario 3), it is mandatory, as outlined by Peel Public Health Unit, that you remain in isolation for 14 days from the date

or your test or the date of your last known symptom (whichever is later). Once you are asymptomatic for 14 consecutive days and do not have a fever, you are able to safely return to sport.

Should you fall into scenario1 or 2, members are advised to follow all <u>Peel Public Health</u> <u>Unit protocols and procedures as outlined here</u> prior to return to sport. No exceptions will be made.

3

Communication Plan (Response Action Plan)

Step 1- Positive Test Confirmed	Pandemic Task Force/RAP Lead Contacted (BM) Club President Contacted
V	Ontario Soccer, PHSA Contacted
Step 2- Notification of External Groups	Peel Public Health Unit Contacted
	Contact Tracing log utilized to contact members who are at risk
Step 3- Notification of Internal Groups	Guidelines governing privacy and confidentiality laws and regulations to be upheld
Step 4- Resolved/Return to Play	member is cleared and safely able to return to play (barring Peel Public Health Unit protocol)

Overview: Field Maps

JC Pallet



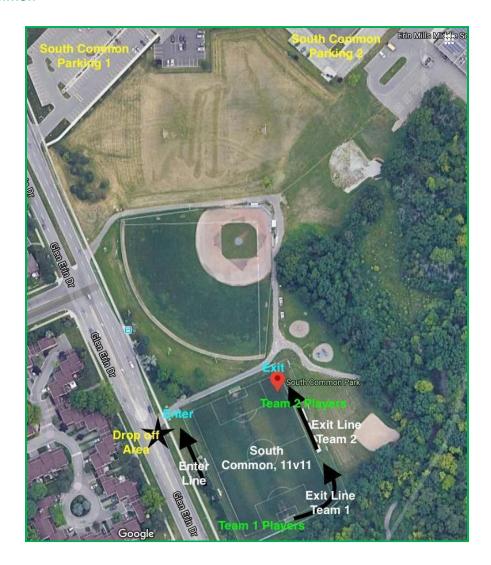
Crawford Green



Twin Arena



South Common





RETURN







Outdoor Edition

Return to Play (RTP), is a series of protocols developed by *Ontario Soccer*, in conjunction with Provincial Medical Professionals, and approved by *Canada Soccer*. These protocols are developed so our athletes & staff can **safely return to outdoor soccer**, following the pandemic.

Personal Equipment



- All players are to bring their own labeled water bottle, own mask, and hand sanitizer (if possible) in a clearly labeled clear bag for each session
- Masks are always to be worn when not playing no exceptions
- Players are to come dressed to all sessions as changerooms are not available
- · No sharing of any equipment is permitted between players
- Absolutely no high-fives, handshakes, touching of any sorts or spitting-social distancing is always enforced off the pitch
- All age groups have capacity numbers to adhere to social distancing protocols. No more than 50 will be in each age group*
- Wash hands prior to and following each session for a minimum of 20 seconds
- · Arrive 15 minutes before each session for contact tracing
- No heading/handling of the ball is permitted result will be an indirect free-kick

Reminders



Health & Safety Requirements



- All players/parents are to sign all waivers prior to being registered to participate

 no waiver, no playing
- There will be cleaning utilizing a DIN certified cleaner of all equipment used before and after each session
- Due to capacity, parents are only allowed inside during our U3-U6 programs
- Separate entrance/exit for each facility signage will be posted
- ALL are required to complete the <u>Ontario COVID-19 Assessment</u> before each session- no exceptions
- If a player is showing symptoms during a session, they must immediately be isolated and sent home no exceptions