



ERIN MILLS SOCCER CLUB

# House League Rules and Regulations

## Outdoor Season

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# ERIN MILLS SOCCER CLUB

*Erin Mills is committed to developing their players on and off the pitch. Our focus is to give every player the opportunity to express themselves and share their passion for the game.*

## **Program Information**

### **U3-U6**

The Active Start Program is designed to introduce players to fundamental movement skills, introductory soccer skills, fair play, and friendship. The fun environment is full of differing soccer activities focused on physical literacy, such as ball control, running with the ball, 3v3, and shooting. Technical staff supported by volunteer assistants lead the program, and guardians are encouraged to support their athletes. Participants can expect repetition in activities so that players can focus on learning fundamental soccer skills and physical literacy movements (5-minute warm-up, 20-minute ball activities, and 20-minute game).

### **U7-U8**

Players will receive one game a week, officiated and facilitated by Match Officials. Volunteer coaches will lead teams. Teams will play 5v5 with a goalkeeper (2 x 25-minute halves).

### **U9-U10**

Players will receive one game a week, officiated by Match Officials. Teams will work with their volunteer coaches on sessions and development. Teams will play 7v7 with a goalkeeper (2 x 25-minute halves).

### **U11-U12**

Players will receive one game a week, officiated by Match Officials. Teams will work with their volunteer coaches on sessions and development. Teams will play 9v9 with a goalkeeper (2 x 35-minute halves).

### **U13-U18**

Players will receive one game a week, officiated by Match Officials. Volunteer coaches will lead teams on sessions and development. Teams will play 11v11 with a goalkeeper (2 x 45-minute halves).

## **Code of Conduct**

### **Attendance and Punctuality**

Soccer is a team sport and when players turn up late or don't show up for practices and games without notice, it impacts the team. Please inform your coach of planned or unplanned absences so they can appropriately prepare for the game/program.



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## Players

**Have fun, try your best, and enjoy the game!**

- 👁️ Listen to your coaches and ensure you assist them wherever you can.
- 👁️ Always respect your teammates and opponents.
- 👁️ Respect the Match Officials. Avoid challenging or arguing a call/non-call, which can impede the play.
- 👁️ If you have suggestions on how you can contribute to your development or team, approach your coach before or after a game to discuss.

## Parents/Spectators

Watching your child learn, grow, and compete as a player is a joy and we need to ensure we maintain a positive environment for all players.

### **A few reminders while you are at the field:**

- 👁️ Spectators are required to be situated in the bleachers during game time. Should you choose not to sit in the bleachers, spectators must be seated in designated areas outside of the field area.
- 👁️ Spectators are not permitted on the field/inside the arena at field level during game time.
- 👁️ Cheer on your child and their team and keep it positive. Avoid coaching or providing instructions from the sidelines as your suggestions may differ from the instructions the coach provided to the team, which will cause confusion for the players.
- 👁️ Avoid commenting on or challenging decisions made by Match Officials. Any dissent or abusive behaviour towards a match official will **not** be tolerated and will result in disciplinary action.

## Coaches/Team Officials

**We could not do this without your effort and dedication. A few reminders while you are with your team:**

- 👁️ You are a role model. You are helping them learn the Laws of the Game, strategy, sportsmanship, etc. The players watch their coaches closely and take cues from them on acting or reacting. Ensure you always remain positive and professional.
- 👁️ If you have a concern about something that has occurred on the field, such as a referee call, a play, the other team's action etc., please bring it to the attention of the Club. As a coach, you can request for clarification on a decision that has been made but must avoid getting into verbal debates with the referees, coaches, players, or parents during or after the game.
- 👁️ Avoid commenting on or challenging decisions made by Match Officials. Any dissent or abusive behaviour towards a match official will **not** be tolerated and will result in disciplinary action.



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## Match Officials

- 👤 Match Officials are expected to arrive early, prior to game start.
- 👤 Match Officials are expected to attend each game fully dressed in proper Match Official uniform, with proper equipment.
- 👤 Officials are expected to conduct themselves professionally on and off the field.
- 👤 Officials should treat every member with respect prior, during, and after games.

**All games shall be played in accordance with the **FIFA Laws of the Game** and Ontario Soccer, except those superseded by specific rules as outlined in this section.**

## Fields

- 👤 Games and practices shall be played only on fields designated by the Erin Mills Soccer Club, in coordination with the City of Mississauga. All field sizes are assigned and set up per **Canada Soccer's Grassroots Standards**.

## Game Balls

The home team provides the game ball:

Age Group	Size of Ball
U3-U6	Size 2
U7-U8	Size 3
U9-U12	Size 4
U13+	Size 5

## Player Dress Code

- 👤 All players must wear the provided Erin Mills jerseys, shorts, and socks.
- 👤 Shinpads are mandatory.
- 👤 Cleats or non-cleated athletic shoes (i.e.: running shoes) are to be worn on the field.
- 👤 Jewelry is not permitted on the field. This includes earrings, studs, necklaces, rings, etc.). Piercings **cannot** be taped.
- 👤 Medical or religious bracelets are permitted to be worn during games but must be secured to player using medical tape.

*Should players violate the dress code rules, they will be instructed to leave the field immediately by the Match Official/Game Leader. Upon reporting to the Match Official/Game Leader, the player must only re-enter the field to ensure their equipment is in order. Players can only re-enter the field when the ball goes out of play.*



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## **Additional Rules**

- 👤 Absolutely no blood stains are permitted on player uniforms. Players with blood stains will be asked to change before re-entering the game.
- 👤 Goalkeepers must wear a jersey or pinnie that visibly distinguishable from other players on the pitch. Erin Mills Coaches will be provided a jersey for their team, for the season. If a player brings their jersey for the game, it must adhere to the abovementioned rule.
- 👤 Players should not wear equipment containing numbers, other club logos, etc.
- 👤 **Playing with Cast**
  - Hard plaster casts are not permitted to be worn, as they pose a danger to the wearer and other players on the pitch.
  - Players wearing a soft cast will be permitted to play if the cast does not present a danger to the individual or any other player.
- 👤 **Playing with Glasses:**
  - If a player requires prescription eyewear to play, glasses must have an elasticized band to secure the frames to the player's head.

## **Number of Players**

All players must receive equal playing time during games.

<b>Age Group</b>	<b>Match Roster</b>	<b>Match Format</b>	<b>Minimum Players to Play</b>
U3-U6	6-7 players	3v3	N/A
U7-U8	9-10 players	5v5 (with GK)	4
U9-U10	12-13 players	7v7 (with GK)	5
U11- U12	14-15 players	9v9 (with GK)	7
U13-U18	16-18 players	11v11 (with GK)	7*

\*The game will be forfeited if either team has fewer than seven players more than 15 minutes after the scheduled starting time.

## **Match Officials**

- 👤 As per Ontario Soccer, U8+ games will have Match Officials assigned by Erin Mills.
- 👤 Match Officials shall collect game sheets from coaches, prior to the start of the game.
- 👤 If a match official is unavailable, the "Home Team" coach shall provide an official for the first half of the game and the "Away Team" coach shall provide an official for the second half. If both coaches agree, a 'third party' (such as, but not limited to, a parent or coach) may officiate the entire game.
- 👤 The game shall proceed as an official game.
- 👤 In the absence of an assistant match official(s), the match official can determine if he/she would like assistant(s).



## Duration of the Game & Playing Time

- The regulation time for games are as follows:

Age Group	Match Duration
U3-U6	5 minute warm up, 20 minutes activity, 20 minutes game
U7-U8	2 x 25 min halves
U9-U10	2 x 25 min halves
U11- U12	2 x 35 min halves
U13-U18	2 x 40 min halves

- All games will have a 5-minute half time break.

## Retreat Line

- U8-U9:** Halfway
- U10-U11:** One Third
- U12-U18:** No retreat line

## Offsides

- The offside rule applies to all U12+ Outdoor Season games.

## Restarts from Sidelines

- U4-U11:** Players may pass or dribble in
- U12+:** Throw-ins only

## Method of Scoring

- A goal is scored when the whole of the ball has crossed over the goal line, between the goal-posts and under the crossbar, provided it has not been thrown, carried, or intentionally propelled by hand or arm, by a player of the attacking team.
- The Match Officials shall be the sole judge as to whether a goal has been scored. This decision is final and non-negotiable.
- During play, should any outside agent prevent the ball from passing into the goal or assist the ball into the goal, play shall be stopped. The Match Official shall restart the game by dropping the ball.
- Game scores shall be updated in the PowerUp system by the Match Official within 48 hours of game completion.



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👤 Game points for U14+ will be awarded as follows:

Win	3 Points
Tie	1 Point
Loss	0 Points

## Player Substitutions

- 👤 The consent of the Match Official must be obtained before any player substitutions are made.
- 👤 U7+: Unlimited substitutions are permitted at the following times by notifying the Match Official:
  - On a throw-in for either team.
  - After either team scores a goal.
  - At a goal kick by either team.
  - At the start of the second half.
  - To replace an injured player.
- 👤 All substitutions must take place at the half-way line of the field.
- 👤 A player may not enter the field until the player they are substituting has fully left the field of play.

## Fouls and Misconduct

- 👤 A player who, in the opinion of the Match Official, intentionally commits any of the following offences, shall be penalized by the awarding of an indirect free kick to the opposing team:
  - Spits at an opponent/teammate
  - Bites an opponent/teammate.
  - Kicks or attempts to kick an opponent/teammate.
  - Trips or attempts to trip an opponent/teammate.
  - Jumps at an opponent/teammate.
  - Charges an opponent/teammate.
  - Strikes or attempts to strike an opponent/teammate.
  - Holds an opponent/teammate.
  - Pushes an opponent/teammate.
  - Handles the ball deliberately, (except a goalkeeper from within his own penalty area)
  - Tackles an opponent to gain possession of the ball, contacting the opponent before touching the ball.
- 👤 Should a player commit one of the above offences within his own penalty area, a penalty-kick shall be awarded.

## Extreme Heat

- 👤 When the weather is extremely hot, the Match Official will provide a water break in the middle of each game half;





## Postponement & Rescheduling of Games

Games may be postponed only when:

- 👁️ Ordered by the Match Official
- 👁️ In the absence of a Match Official, both coaches agree that the weather and/or the field conditions are unsafe.
- 👁️ The City of Mississauga withdraws the grass field permit.

## Abandoned Games

- 👁️ If fewer than ten minutes of the second half have been played, the game will be rescheduled dependent upon availability of fields.
- 👁️ If ten (10) minutes or more of the second half have been played, the game is official, and the score will stand.
- 👁️ If a game is abandoned due to the action of any player or team official, the Match official shall note on the game sheet the reason for the abandonment and notify the circumstances to the Discipline Coordinator in writing.
- 👁️ In the event of a game abandonment due to action of any player/team official, the Discipline Coordinator may request a written report from each coach.
- 👁️ The Discipline Committee may hold a hearing into the incident, adjust the allocation of game points, and take disciplinary action.

## Forfeited Games

- 👁️ A game will be forfeited for any of the following reasons:
  - Failure of a team to appear for a game.
  - If a team delays the start of a game by more than fifteen (15) minutes
  - If a team has fewer than the minimum required players.
  - If a team plays ineligible players.
- 👁️ Forfeited games will be recorded as a win, 1-0 for the non-forfeiting team.
- 👁️ If both teams are equally at fault, no points or goals will be awarded, and the game shall not be replayed.